

Vera House 12 Men Model: *Did you know?*

THE 12 MEN MODEL is a *violence prevention focused dialogue* that assembles men in small groups and encourages them to rethink and redefine masculinity and male roles. With the guidance of a facilitator, the program *challenges the thoughts of those involved* in the group and *empowers them to challenge the thoughts of others*.



Cornell University Worker Institute recently conducted a survey of past 12 Men Model participants. Preliminary findings include:

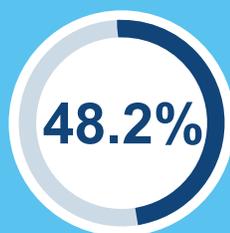
- The 12 Men Model has created a cadre of “promoters” who have internalized anti-violence attitudes and behaviors in their own lives, including appropriate bystander intervention.
- 12 Men Model participants have promoted the program to other men and have encouraged them to participate.
- 88.9% of participants rated the program as excellent or very good.

2019 marks the 10th year of the program. **OVER 200 MEN**

have participated and pledged to *never support, commit or remain silent about abuse*.

Participants have described the program as **LIFE-AFFIRMING**, creating a group of men who **lead by example**, treating their partners, children, and peers with dignity and respect.

EFFECTIVENESS of the 12 Men Model*



of participants intervened in a non-aggressive way when they observed abusive language or potential domestic and/or sexual violence threats or situations



of participants feel more equipped to intervene with sexual/ domestic violence because of the training

Percentage of men who applied strategies they learned from 12 Men Model in their life



Source: Moskowitz, Hunter, KC Wagner and Yasamin Miller. (2019). Engaging men on gender and domestic violence prevention: analysis of the 12 Men Model at Vera House, Inc. ILR Worker Institute, Cornell University.

Learn more about the 12 Men Model at www.verahouse.org or contact Program Coordinator George Kilpatrick at (315) 425-0818 | gkilpatrick@verahouse.org